



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.

BREAKFAST

MONDAY



Pancake On A Stick
Cheese Stick
Pears
Juice
Milk

03

TUESDAY



Sausage, Egg, Cheese
English Muffin
Orange
Juice
Milk

04

WEDNESDAY



Chicken Biscuit
Hash Brown
Yogurt & Granola
Pineapple
Juice / Milk

05

THURSDAY



Biscuit & Gravy
Yogurt & Granola
Strawberries
Juice
Milk

06

FRIDAY



Bacon, Egg, Cheese
Croissant Bake
Grapes
Juice
Milk

07

Combo Bars
Sausage Patty
Fruit Cocktail
Juice
Milk

10

Cereal
Cheese Sticks
Apple
Juice
Milk

11

Fruit Pancake Bake
Yogurt & Granola
Pears
Juice
Milk

12

Biscuits & Gravy
Yogurt & Granola
Banana
Juice
Milk

13

Breakfast Bake
Yogurt & Granola
Peaches
Juice
Milk

14

Blueberry Muffins
Yogurt & Granola
Apples
Juice
Milk

17

Breakfast Casserole
Yogurt & Granola
Peaches
Juice
Milk

18

Breakfast Pizza
Pears
Juice
Milk

19

Biscuit & Gravy
Yogurt & Granola
Banana
Juice
Milk

20

Ham & Cheese
Croissant Bake
Sausage
Strawberries
Juice / Milk

21

NO
SCHOOL

24

NO
SCHOOL

25

NO
SCHOOL

26

NO
SCHOOL

27

NO
SCHOOL

28



All meals include a choice of 1% white or chocolate milk.
This Institution is an equal opportunity provider.
Menu is subject to change due to supply shortage.

NOVEMBER 2025



November is **National Peanut Butter Lovers Month**. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.



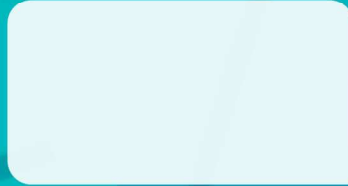
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Beef Tacos L,T,C
Brown Rice
Ranch Beans
Mixed Fruit
Milk

03

Nachos w/ Salsa
WG Chips
Carroteenies / Cucumber
Applesauce
Milk

04

Roast W/ Gravy / Roll
Mashed Potatoes
Green Beans
Peaches
Milk

05

Orange Chicken
Egg rolls / Stir Fry
Fried Rice
Black Cherry Ice Cup
Milk

06

Chicken Tortilla Soup
WG Chips
Sweet Potatoes / Corn
Mixed Fruit
Milk

07

Frito Chili Pie
Brown Rice
Carroteenies / Celery
Watermelon Ice Cups
Milk

10

Chicken Fried Steak
Mashed Potatoes W/Gravy
Green Beans / Corn
Roll / Peaches
Milk

11

Beef Tips W/ Gravy
Brown Rice
Peas & Carrots
Pears
Milk

12

Baked Chicken
Sweet Potato Puffs
Okra
Mixed Fruit
Milk

13

Cheeseburgers L,T,C
Fries / Pickle Spear
Ranch Beans
Applesauce
Milk

14

Sloppy Joes
Carroteenies / Okra
Pickle Spear
Apples
Milk

17

Ravioli
Breadsticks
Carrots / Broccoli
Peaches
Milk

18

Beef Stew
Cornbread
Celery
Mixed Fruit
Milk

19

Turkey W/ Gravy
Mashed Potatoes / Stuffing
Green Beans / Roll
Spiced Apples / Pie
Milk

20

Pizza
Pork & beans
Cucumber
Pears
Milk

21

NO
SCHOOL

24

NO
SCHOOL

25

NO
SCHOOL

26

NO
SCHOOL

27

NO
SCHOOL

28



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